## Worksheet: Is the Glass Half Full?

Read through the following statements and verbally give a positive response to each statement.

1. The morale of the team is down.
2. We have to work overtime this weekend.
3. My quality level is 1 percentage point below the requirement.
4. The training class does not understand the material they are being taught.
5. This work environment is too fast-paced.
6. This department may be downsizing.
7. Several people got upset in today’s meeting.
8. My computer is moving slowly.
9. We did not receive all of the reference material we need to complete the project.
10. The manager’s instructions are not clear.